

Open Flemish Pool Lifesaving Championship
16/11/2025
Kortrijk

1 - Individueel/Individuel

16/11/2025 - 9:30

Programmanr. 110	100m Hinderniszwemmen					Masters 55/70
16/11/2025 - 9:30						Resultaten
Belgisch Record M55	1:05.04	BOCKSTAELE, François	NSL	Brugge		18/09/2023
Belgisch Record M70	2:05.80	WITTOUCK, Mireille	IRC	Kortrijk		12/05/2024
Belgisch Record M55	1:24.07	VAN CAUTEREN, Ingrid	BRC	Seraing		6/05/2018

Rang	Geb.		Tijd	PT
M55, Dames				
1.	PORTE, Annick	69 BRC	1:28.31	20,00
M70, Dames				
1.	WITTOUCK, Mireille	54 IRC	2:08.11	20,00
Masters 55, Heren				
1.	BOCKSTAELE, François	68 BRC	1:12.77	-
2.	VERSTRAETEN, Erik	65 LERC	1:25.99	-
3.	IN 'T VELD, Marcel	69 DRB	1:33.94	-
4.	VERRECK, Jos	59 LERC	2:36.05	-

Programmanr. 111	Dames, 100m Hinderniszwemmen					10 jaar en ouder
16/11/2025 - 9:34						Resultaten
Belgisch Record M70	2:05.80	WITTOUCK, Mireille	IRC	Kortrijk		12/05/2024
Belgisch Record M55	1:24.07	VAN CAUTEREN, Ingrid	BRC	Seraing		6/05/2018
Belgisch Record MIN	1:07.06	JACOBS, Ella	BRC	Brugge		12/05/2019
Belgisch Record BEN	1:14.30	LAUWERS, Sofie	BLITS	Kortrijk		26/11/2023

Rang	Geb.		Tijd	PT
Benjamins				
1.	VANDOMMELE, Kaatje	13 RCTAL	1:17.04	20,00
2.	JANS, Féliz	13 STRC	1:22.12	18,00
3.	BICHIR, Esmeralda	13 RCTAL	1:32.27	16,00
4.	JOARLETTE, Emelyne	15 RCTAL	1:34.25	14,00
5.	SCHOUPS GERARD, Isolde	13 LERC	1:34.36	13,00
6.	LOHRMANN, Mischa	14 BLITS	1:37.53	12,00
7.	MESSELY, Jente	13 RDK	1:37.86	11,00
8.	BUSTIN, Auriana	13 RDK	1:38.16	10,00
9.	DEBLAUWE, Eloise	13 RDK	1:38.63	8,00
10.	FOERIER, Olivia	14 STRC	1:39.25	7,00
11.	SAELENS, Marie-Julie	15 IRC	1:42.23	6,00
12.	GILLABEL, Lili	14 STRC	1:43.34	5,00
13.	VANWYNSBERGHE, Leona	13 RDK	1:57.54	4,00
14.	COLPAERT, Sophie	13 RDK	2:14.45	3,00

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Programmanr. 111, Dames, 100m Hinderniszwemmen

Miniemen

1.	LAUWERS, Sofie	11	BLITS	1:13.57	20,00
2.	GEIJSENBERGH, Nina	11	STRC	1:16.07	18,00
3.	JAROSZKO, Jana	11	BRC	1:18.45	16,00
4.	HEYLEN, Jade	11	BLITS	1:21.04	14,00
5.	GOETHALS, Milou	11	LERC	1:23.61	13,00
6.	LECLUSE, Esmée	12	RDK	1:24.29	12,00
7.	EVERAERT, Emilia	12	NSL	1:27.31	11,00
8.	BAMPS, Esmée	12	STRC	1:38.47	10,00
9.	DELAMEILLEURE, Elize	12	RDK	1:47.47	8,00
FF	KWAPISZ, Lara	12	BRC		-

Programmanr. 112
16/11/2025 - 9:46

Heren, 100m Hinderniszwemmen

10 - 69 jaar
Resultaten

Belgisch Record M55	1:05.04	BOCKSTAELE, François	NSL	Brugge	18/09/2023
Belgisch Record MIN	1:02.32	CLAERHOUT, Bas	IRC	Seraing	8/05/2022
Belgisch Record BEN	1:13.14	VAN HEYMBEECK, Jurre	RCTAL	Kortijk	20/11/2022

Rang		Geb.		Tijd	PT
Benjamins					
1.	AZIZOV DAEM, Timur	13	RCTAL	1:26.49	20,00
2.	VANBRABANT, Esben	13	IRC	1:27.39	18,00
3.	CORNET, Liam	14	STRC	1:32.01	16,00
4.	BROSENS, Lucca	14	RCTAL	1:33.16	14,00
5.	FRANK VERSPECHT, Wout	14	RCTAL	1:33.75	13,00
6.	GEIJSENBERGH, Rik	14	STRC	1:34.37	12,00
7.	THYS, Denzel	14	RCTAL	1:39.64	11,00
8.	GEIRNAERT, Lukas	14	LERC	1:41.38	10,00
9.	ENGELS, Oliver	14	RCTAL	1:42.74	8,00
10.	SERGOORIS TEMMERMAN, Jolan	14	RCTAL	1:44.94	7,00
11.	CASTEELS, Leon	14	LERC	1:51.61	6,00
12.	GILLIS, Matthias	14	RCTAL	1:55.31	5,00
13.	DELRUE, Gust	13	RDK	1:57.28	4,00

Miniemen

1.	MERTENS, Simeon	11	RCTAL	1:04.41	20,00
2.	GEES, Daan	11	LERC	1:08.64	18,00
3.	EMIN, Marvin	12	RCTAL	1:16.04	16,00
4.	WAUDOIT, Henri	12	CSB	1:19.43	14,00
5.	DEMON, Levi	11	NSL	1:23.18	13,00
6.	SILVERT, Matteo	11	RCTAL	1:24.06	12,00
7.	BILLIAU, Myro	12	LERC	1:24.92	11,00
8.	LIEFHOOGHE, Arnoud	12	RDK	1:33.12	10,00
9.	CHRISTIAENS, Léon	12	RDK	1:33.84	8,00

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Programmanr. 113
16/11/2025 - 10:00

Dames, 200m Hinderniszwemmen

Volw./Adults
Resultaten

Belgisch Record M40	2:42.75	XHERVELLE, Muriel	NELAUR	Eindhoven (NED)	2/09/2016
Belgisch Record M30	2:16.60	ROMANINI, Aurélie	BOUST	Cannes (FRA)	18/05/2018
Belgisch Record JUN	2:13.43	VANDENABEELE, Bieke	KRM	Akita (JPN)	24/08/2001
Belgisch Record OPEN	2:12.80	VANDENABEELE, Bieke	COAST	Tylösand (SWE)	14/08/2003
Belgisch Record CAD	2:20.02	VANDENABEELE, Bieke	KRM	Warendorf (GER)	23/11/2000

Rang	Geb.	Tijd	PT
Cadetten			
1. MARDAGA, Anais	10 LSC	2:28.61	20,00
2. JOHNNEN, Emma	10 NSL	2:33.59	18,00
3. COUNE, Eline	10 STRC	2:41.88	16,00
4. VANDEPUTTE, Iris	09 IRC	2:57.11	14,00
5. EVERAERT, Ophelia	10 NSL	3:04.20	13,00
6. VAN LOOVEREN, Fleur	09 BRC	3:11.16	12,00
7. BUGGENHOUT, Yana	10 RCTAL	3:16.87	11,00
8. GULINCK, Amelie	10 LERC	3:22.55	10,00
9. TIMMERS, Sara	10 LERC	3:44.72	8,00

Junioren

1. LAUWERS, Lotte	08 BLiTS	2:35.66	20,00
2. ABBOTT, Luna	07 BLiTS	2:37.38	18,00
3. CORNELIS, Mille	08 BLiTS	2:46.68	16,00
4. COMPTAERT, Phebe	07 IRC	3:03.37	14,00
5. VAN DEN BROECK, Elie	08 BLiTS	3:19.14	13,00
FF CALLEBAUT, Tiffen	07 BLiTS		-

Open

1. DE KONING, Sanne	04 PORC	2:38.37	20,00
2. CASTEELE, Hanne	02 RCTAL	2:40.90	18,00
3. LUYTEN, Kato	04 RCTAL	2:48.16	16,00
4. GORLIER, Florine	03 LSC	2:48.25	14,00
5. KENIS, Nine	05 BLiTS	2:58.74	13,00

M40

1. VERMEULEN, Elke	79 LERC	3:17.70	20,00
2. DHAENE, Els	76 RDK	4:19.91	18,00

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Programmanr. 114
16/11/2025 - 10:15

Heren, 200m Hinderniszwemmen

Volw./Adults
Resultaten

Belgisch Record M40	2:18.93	BOCKSTAELE, François	BRC	Berlijn (GER)	25/07/2008
Belgisch Record M30	2:06.11	ROMANINI, Pierre-Yves	ACF	Brugge	5/09/2017
Belgisch Record JUN	1:59.75	CLAERHOUT, Bas	IRC	Szczecin (POL)	25/08/2025
Belgisch Record OPEN	1:57.30	DEKONINCK, Dieter	PORC	Eindhoven (NED)	7/09/2016
Belgisch Record CAD	2:06.04	CEUSTERS, Joni	LERC	Warendorf (GER)	22/11/2013

Rang	Geb.	Tijd	PT
Cadetten			
1. HEYLEN, Daan	09 BLITS	2:20.91	20,00
2. WAUDOIT, Martin	10 CSB	2:25.83	18,00
3. VAN HEYMBEECK, Jurre	10 RCTAL	2:26.60	16,00
4. VAN STRYDONCK, Tomas	10 BLITS	2:27.61	14,00
5. ALIÉ, Nathan	09 CSB	2:30.56	13,00
6. SOMERS, Seth	09 PORC	2:35.19	12,00
7. KENIS, Jerit	09 BLITS	2:36.95	11,00
8. STEELAND, Jules	09 RDK	2:45.71	10,00
9. DEMON, Nyo	10 NSL	2:48.70	8,00
10. WULLAERT, Niels	10 IRC	2:53.77	7,00

Junioren

1. CLAERHOUT, Bas	08 NSL	2:01.62	20,00
2. SCHOONJANS, Lars	08 RCTAL	2:27.23	18,00
3. BUGGENHOUT, Dago	08 RCTAL	2:28.50	16,00

Open

1. VANLAER, Mathijs	06 STRC	2:14.31	20,00
2. RICQUIER, Pieter	97 LERC	2:18.11	18,00
3. KUIPHOF, Robin	03 PORC	2:18.21	16,00
4. VAN STRYDONCK, Maarten	06 BLITS	2:21.71	14,00
5. LANDUYT, Emiel	99 IRC	2:57.65	13,00

M40

1. GEIJSENBEGH, Gert	82 STRC	2:43.92	20,00
2. GEIRNAERT, Tom	80 LERC	3:39.08	18,00

Programmanr. 211
16/11/2025 - 10:30

4 x 50m Hindernis aflossing

Jeugd/Jeunes
Resultaten

Belgisch Record	2:08.60	Reddingsclub Ternat Asse Lebbeke	RCTAL	Seraing	24/11/2024
Belgisch Record	2:18.24	Sint-Truidense Reddingsclub	STRC	Aalst	21/10/2018

Rang	Tijd	PT
Jeugd/Jeunes, Meisjes		
1. RCTAL 1	2:17.79	20,00
50m: 33.30 33.30 100m: 1:08.09 34.79 150m: 1:44.75 36.66 200m: 2:17.79 33.04		
2. STRC Meisjes	2:48.75	18,00
50m: 38.26 38.26 100m: 1:16.04 37.78 150m: 2:01.92 45.88 200m: 2:48.75 46.83		

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Programmanr. 211, 4 x 50m Hindernis aflossing

Jeugd/Jeunes, Jongens

1.	RCTAL 1					RCTAL						2:18.81	-
	50m:	33.48	33.48	100m:	1:10.36	36.88	150m:	1:49.62	39.26	200m:	2:18.81	29.19	
2.	LERC 1					LERC						2:49.14	-
	50m:	38.84	38.84	100m:	1:25.69	46.85	150m:	2:17.89	52.20	200m:	2:49.14	31.25	
3.	RCTAL 2					RCTAL						2:53.56	-
	50m:	44.23	44.23	100m:	1:25.35	41.12	150m:	2:10.47	45.12	200m:	2:53.56	43.09	
4.	RCTAL 3					RCTAL						3:12.82	-
	50m:	49.65	49.65	100m:	1:38.83	49.18	150m:	2:27.64	48.81	200m:	3:12.82	45.18	

Programmanr. 213
16/11/2025 - 10:35

Dames, 4 x 50m Hindernis aflossing

Volw./Adults
Resultaten

Belgisch Record MAST	2:19.05	NELAUR	NELAUR	Brugge	14/05/2017
Belgisch Record OPEN	1:58.89	Leuvense Reddingsclub	LERC	Seraing	8/05/2022

Rang											Tijd	PT
Open												
1.	LERC 2					LERC					2:08.48	20,00
	50m:	31.54	31.54	100m:	1:04.85	33.31	150m:	1:37.39	32.54	200m:	2:08.48	31.09
2.	RCTAL 1					RCTAL					2:13.72	18,00
	50m:	33.86	33.86	100m:	1:06.79	32.93	150m:	1:41.09	34.30	200m:	2:13.72	32.63
3.	STRC Dames					STRC					2:18.51	16,00
	50m:	33.28	33.28	100m:	1:08.03	34.75	150m:	1:43.78	35.75	200m:	2:18.51	34.73
4.	BLITS 1					BLITS					2:19.17	14,00
	50m:	33.55	33.55	100m:	1:09.75	36.20	150m:	1:46.08	36.33	200m:	2:19.17	33.09
5.	RCTAL 2					RCTAL					2:32.83	13,00
	50m:	34.98	34.98	100m:	1:16.94	41.96	150m:	1:55.70	38.76	200m:	2:32.83	37.13

Programmanr. 214
16/11/2025 - 10:40

Heren, 4 x 50m Hindernis aflossing

Volw./Adults
Resultaten

Belgisch Record MAST	1:55.61	Sint-Truidense Reddingsclub	STRC	Brugge	18/09/2023
Belgisch Record OPEN	1:44.72	Force of International Rescue Elite	FIRE	Antwerpen	30/10/2005

Rang											Tijd	PT
Open												
1.	BRC 1					BRC					1:49.26	20,00
	50m:	27.18	27.18	100m:	54.60	27.42	150m:	1:22.05	27.45	200m:	1:49.26	27.21
2.	STRC Heren					STRC					1:51.96	18,00
	50m:	27.07	27.07	100m:	56.18	29.11	150m:	1:24.94	28.76	200m:	1:51.96	27.02
3.	RCTAL 1					RCTAL					1:58.98	16,00
	50m:	28.88	28.88	100m:	59.56	30.68	150m:	1:30.13	30.57	200m:	1:58.98	28.85
4.	LSC 1					LSC					2:00.35	14,00
	50m:	27.21	27.21	100m:	1:00.49	33.28	150m:	1:30.37	29.88	200m:	2:00.35	29.98
5.	BLITS 1					BLITS					2:01.66	13,00
	50m:	28.57	28.57	100m:	1:01.46	32.89	150m:	1:31.90	30.44	200m:	2:01.66	29.76

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Programmanr. 214, Heren, 4 x 50m Hindernis aflossing, Open

Rang											Tijd	PT
6.	RCTAL 2					RCTAL					2:03.77	12,00
	50m:	31.36	31.36	100m:	1:01.97	30.61	150m:	1:33.07	31.10	200m:	2:03.77	30.70
7.	LERC 3					LERC					2:08.14	11,00
	50m:	29.20	29.20	100m:	1:02.94	33.74	150m:	1:38.67	35.73	200m:	2:08.14	29.47

Programmanr. 151
16/11/2025 - 10:45

Meisjes, 50m Lifesaver

Jeugd/Jeunes
Resultaten

Belgisch Record MIN	33.52	VERMEIR, Marie	BRC	Seraing	8/05/2022
Belgisch Record BEN	37.63	JACOBS, Eva	BRC	Kortrijk	26/11/2023

Rang	Geb.		Tijd	PT
Benjamins				
1.	JANS, Féliz	13 STRC	52.39	20,00
2.	SCHOUPS GERARD, Isolde	13 LERC	53.09	18,00
3.	LOHRMANN, Mischa	14 BLITS	56.45	16,00
4.	BUSTIN, Auriana	13 RDK	57.12	14,00
5.	VANDOMMELE, Kaatje	13 RCTAL	58.46	13,00
6.	JOARLETTE, Emelyne	15 RCTAL	1:03.22	12,00
7.	BICHIR, Esmeralda	13 RCTAL	1:10.47	11,00
8.	COLPAERT, Sophie	13 RDK	4:18.28	10,00
dis	GILLABEL, Lili	14 STRC		-
dis	POGOR, Rébecca	13 RCTAL		-
dis	VANWYNSBERGHE, Leona	13 RDK		-
OPG	SAELENS, Marie-Julie	15 IRC		

Miniemen

1.	JOARLETTE, Nina	11 RCTAL	35.31	20,00
2.	HEYLEN, Jade	11 BLITS	37.47	18,00
3.	JOARLETTE, Zoé	11 RCTAL	38.17	16,00
4.	KRUIK, Lotte	11 RCTAL	40.71	14,00
5.	JACOBS, Eva	11 BRC	41.49	13,00
6.	JAROSZKO, Jana	11 BRC	41.52	12,00
7.	MESTDAGH, Emma	11 RDK	41.70	11,00
8.	MERTENS, Ida	11 STRC	43.33	10,00
9.	EVERAERT, Emilia	12 NSL	46.75	8,00
10.	GOETHALS, Milou	11 LERC	51.82	7,00
11.	DECAPMAKER, Janne	12 LERC	1:02.48	6,00
12.	BAMPS, Esmée	12 STRC	1:03.81	5,00
dis	DELAMEILLEURE, Elize	12 RDK	-	-
dis	DESLOOVERE, Merel	11 RDK	-	-
AFGEM	KWAPISZ, Lara	12 BRC	-	-

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Programmanr. 152
16/11/2025 - 10:57

Jongens, 50m Lifesaver

Jeugd/Jeunes
Resultaten

Belgisch Record MIN	31.56	LABEEUW, Lucas	RCTAL	Brugge	27/11/2016
Belgisch Record BEN	36.60	BULTOT, Pascal	NCG	Antwerpen	30/10/2005

Rang	Geb.	Tijd	PT
Benjamins			
1. BROSENS, Lucca	14 RCTAL	52.10	20,00
2. CORNET, Liam	14 STRC	53.19	18,00
3. AZIZOV DAEM, Timur	13 RCTAL	55.45	16,00
4. GEIRNAERT, Lukas	14 LERC	58.18	14,00
5. FRANK VERSPECHT, Wout	14 RCTAL	58.71	13,00
6. THYS, Denzel	14 RCTAL	58.82	12,00
7. GEIJSENBERGH, Rik	14 STRC	1:01.67	11,00
8. CASTEELS, Leon	14 LERC	1:27.10	10,00
9. VANBRABANT, Esben	13 IRC	1:51.23	8,00
dis SERGOORIS TEMMERMAN, Jolan	14 RCTAL		-

Miniemen

1. MERTENS, Simeon	11 RCTAL	34.63	20,00
2. GEES, Daan	11 LERC	36.92	18,00
3. SILVERT, Matteo	11 RCTAL	40.85	16,00
4. BILLIAU, Myro	12 LERC	44.81	14,00
5. CHRISTIAENS, Léon	12 RDK	58.05	13,00
dis EMIN, Marvin	12 RCTAL		-

Programmanr. 153
16/11/2025 - 11:05

Dames, 100m Lifesaver

Volw./Adults
Resultaten

Belgisch Record M70	1:56.89	WITTOUCK, Mireille	IRC	Kortrijk	12/05/2024
Belgisch Record M55	1:19.05	PORTE, Annick	BRC	Louvain-la-Neuve	27/04/2025
Belgisch Record M40	1:02.62	VANBUEL, Nele	NELAUR	Dordrecht (NED)	9/03/2025
Belgisch Record M30	1:00.99	VANBUEL, Nele	NELAUR	Dordrecht (NED)	19/03/2022
Belgisch Record JUN	58.98	CROES, Elise	STRC	Dordrecht (NED)	19/03/2022
Belgisch Record OPEN	57.35	VAN DE PLAS, Bo	LERC	Riccione (ITA)	27/09/2022
Belgisch Record CAD	1:02.93	BURGHARDT, Christine	STRC	Antwerpen	4/09/2010

Rang	Geb.	Tijd	PT
Cadetten			
1. COUNE, Eline	10 STRC	1:12.31	20,00
2. LEGRAND, Lore	09 RCTAL	1:12.93	18,00
3. HUYSMANS, Maren	10 STRC	1:15.14	16,00
4. DEMALDRÉ, Ynne	09 RCTAL	1:15.41	14,00
5. EVERAERT, Ophelia	10 NSL	1:23.72	13,00
6. VANDEPUTTE, Iris	09 IRC	1:25.34	12,00
7. DE BRUYNE, Feiya	10 RCTAL	1:25.46	11,00
8. VAN LOOVEREN, Fleur	09 BRC	1:29.26	10,00
9. HERMANS, Dania	10 LERC	1:38.51	8,00
10. DE CUYPER, Stien	10 RCTAL	1:41.84	7,00
11. GEVAERT, Lea	10 IRC	1:47.83	6,00
12. TIMMERS, Sara	10 LERC	1:48.23	5,00
dis GULINCK, Amelie	10 LERC		-
dis JOHNEN, Emma	10 NSL		-

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Programmanr. 153, Dames, 100m Lifesaver

Junioren

1.	VERMEIR, Marie	08	BRC	1:12.40	20,00
2.	LAUWERS, Lotte	08	BLITS	1:13.42	18,00
3.	VANDERSTRAETEN, Maya	07	RCTAL	1:16.80	16,00
4.	COMPTAERT, Phebe	07	IRC	1:19.00	14,00
5.	CORNELIS, Mille	08	BLITS	1:21.24	13,00
6.	ABBOTT, Luna	07	BLITS	1:23.21	12,00
7.	VAN DEN BROECK, Elien	08	BLITS	1:26.71	11,00
dis	MORTIER, Nina	08	LERC		-

Open

1.	VAN DE PLAS, Bo	01	LERC	1:02.64	20,00
2.	DHONDT, Tatiana	05	BRC	1:06.26	18,00
3.	HARZÉ, Marine	97	NSL	1:07.40	16,00
4.	BOONE, Hannelore	06	LERC	1:08.11	14,00
5.	WIJNANT, Loes	05	RCTAL	1:08.67	13,00
6.	S'HEEREN, Mirte	06	STRC	1:12.35	12,00
7.	GORLIER, Florine	03	LSC	1:12.68	11,00
8.	DE KONING, Sanne	04	PORC	1:13.59	10,00
9.	KENIS, Nine	05	BLITS	1:15.53	8,00
10.	LIBERT, Léa	04	CSB	1:15.98	7,00
11.	FLORUS, Jinske	00	PORC	1:21.88	6,00

M30

1.	BARTIER, Sanne	90	RDK	1:48.82	20,00
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M40

1.	VERMEULEN, Elke	79	LERC	1:22.89	20,00
AFGEM	DHONDT, Gerd	76	LERC		-

M55

1.	PORTE, Annick	69	BRC	1:17.41	20,00
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M70

1.	WITTOUCK, Mireille	54	IRC	2:10.79	20,00
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Open Flemish Pool Lifesaving Championship
16/11/2025
Kortrijk

Programmanr. 154
16/11/2025 - 11:25

Heren, 100m Lifesaver

Volw./Adults
Resultaten

Belgisch Record M55	58.98	BOCKSTAELE, François	BRC	Gold Coast (AUS)	26/08/2024
Belgisch Record M40	1:00.58	ARNAUTS, Bert	STRC	Brugge	12/05/2019
Belgisch Record M30	58.02	ARNAUTS, Bert	STRC	Eindhoven (NED)	16/09/2016
Belgisch Record JUN	53.50	CROES, Matisse	STRC	Kortrijk	26/11/2023
Belgisch Record OPEN	51.93	STAVART, Corentin	BOUST	Castellon (ESP)	15/09/2021
Belgisch Record CAD	57.65	VAN ASTEN, Dieter	RDK	Louvain-la-Neuve	27/04/2025

Rang	Geb.	Tijd	PT
Cadetten			
1. GILLABEL, Enno	09 STRC	1:05.45	20,00
2. CIUBOTARIU, Alexandru	10 RCTAL	1:08.67	18,00
3. CALLEBAUT, Jolan	09 BLiTS	1:09.19	16,00
4. KENIS, Jerit	09 BLiTS	1:09.78	14,00
5. SOMERS, Seth	09 PORC	1:12.63	13,00
6. VAN STRYDONCK, Tomas	10 BLiTS	1:12.78	12,00
7. CASTEELS, Vik	10 LERC	1:13.48	11,00
8. STEELAND, Jules	09 RDK	1:13.50	10,00
9. MARCKX, Leon	09 NSL	1:13.78	8,00
10. WULLAERT, Niels	10 IRC	1:16.05	7,00
11. CLOETENS, Côme	10 LERC	1:17.97	6,00
dis VAN ASTEN, Dieter	09 BRC		-

Junioren

1. JANSSEN, Nicolas	08 LSC	1:00.43	20,00
2. GERAERTS, Mattias	08 BRC	1:01.62	18,00
3. FICHER, Augustin	07 LSC	1:03.51	16,00
4. HUYSMANS, Bernd	08 STRC	1:04.66	14,00
5. DE CUYPER, Gust	07 RCTAL	1:08.77	13,00
6. VAN DER VOORT, Flor	08 BRC	1:11.74	12,00
7. DE BORMAN, Cédric	07 STRC	1:14.05	11,00
AFGEM BUGGENHOUT, Dago	08 RCTAL		-

Open

1. BOCKSTAELE, Shean	01 BRC	56.28	20,00
2. FORMANN, Brivaël	04 LSC	58.60	18,00
3. KNUTS, Aiko	06 LERC	59.73	16,00
4. GOOSSENS, Torsten	05 BRC	1:01.50	14,00
5. VAN STRYDONCK, Maarten	06 BLiTS	1:03.60	13,00
6. DE SMEDT, Lander	06 RCTAL	1:03.91	12,00
7. WILMOTS, Robbe	00 RCTAL	1:05.12	11,00
8. GOOSSENS, Ilian	03 BRC	1:06.19	10,00
9. CROES, Matisse	06 STRC	1:15.10	8,00
10. LANDUYT, Emiel	99 IRC	1:20.09	7,00
11. LEGRAND, Wout	06 RCTAL	1:21.12	6,00
dis VANLAER, Mathijs	06 STRC		-
AFGEM DE VLAMYNCK, Mathias	05 NSL		-

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Programmanr. 154, Heren, 100m Lifesaver

M30

1.	BOLLENS, Bram	91	STRC	1:09.48	20,00
AFGEM	VERRECK, Devin	89	LERC		-

M40

1.	BOONE, Maarten	77	LERC	1:03.13	20,00
2.	CAZIER, Jeroen	79	LERC	1:12.66	18,00
3.	GEIRNAERT, Tom	80	LERC	1:28.66	16,00

M55

1.	BOCKSTAELE, François	68	BRC	1:05.28	20,00
2.	VERSTRAETEN, Erik	65	LERC	1:15.48	18,00
3.	IN 'T VELD, Marcel	69	DRB	1:18.88	16,00
4.	VERRECK, Jos	59	LERC	2:01.50	14,00

Programmanr. 161
16/11/2025 - 11:50

Meisjes, 100m Super Lifesaver

Jeugd/Jeunes
Resultaten

Belgisch Record MIN	1:29.06	BONHOMME, Méline	CSB	Seraing	22/12/2018
Belgisch Record BEN	1:37.82	KRUIK, Lotte	RCTAL	Kortrijk	26/11/2023

Rang		Geb.		Tijd	PT
Benjamins					
1.	VANDOMMELE, Kaatje	13	RCTAL	1:44.49	20,00
2.	LOHRMANN, Mischa	14	BLITS	2:19.32	18,00
3.	SCHOUPS GERARD, Isolde	13	LERC	2:34.45	16,00
4.	FOERIER, Olivia	14	STRC	2:39.10	14,00
dis	MESSELY, Jente	13	RDK		-
<i>helper heeft de pop te lang vastgehouden</i>					

Miniemen

1.	HEYLEN, Jade	11	BLITS	1:28.96	20,00
2.	KRUIK, Lotte	11	RCTAL	1:32.28	18,00
3.	JOARLETTE, Nina	11	RCTAL	1:33.59	16,00
4.	JAROSZKO, Jana	11	BRC	1:36.36	14,00
5.	GEIJSENBERGH, Nina	11	STRC	1:40.70	13,00
6.	GOETHALS, Milou	11	LERC	1:45.93	12,00
7.	EVERAERT, Emilia	12	NSL	1:51.98	11,00
8.	DECAPMAKER, Janne	12	LERC	2:17.81	10,00
9.	BAMPS, Esmée	12	STRC	2:28.95	8,00
dis	LECLUSE, Esmée	12	RDK		-
AFGEM	KWAPISZ, Lara	12	BRC		-

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Programmanr. 162 Jongens, 100m Super Lifesaver Jeugd/Jeunes
16/11/2025 - 12:05 Resultaten

Belgisch Record MIN	1:17.68	HEYLEN, Daan	BLITS	Kortrijk	26/11/2023
Belgisch Record BEN	1:35.57	VANDERSTEEN, Jelle	STRC	Brugge	16/11/2014

Rang	Geb.		Tijd	PT
Benjamins				
1.	VANDERSTRAETEN, Mika	13 RCTAL	1:53.50	20,00
2.	CORNET, Liam	14 STRC	2:03.80	18,00
3.	FRANK VERSPECHT, Wout	14 RCTAL	2:11.58	16,00
4.	BROSENS, Lucca	14 RCTAL	2:12.06	14,00
5.	GEIJSENBERGH, Rik	14 STRC	2:17.07	13,00
6.	VANBRABANT, Esben	13 IRC	2:21.64	12,00
7.	GEIRNAERT, Lukas	14 LERC	2:25.48	11,00
8.	THYS, Denzel	14 RCTAL	2:30.49	10,00
9.	CASTEELS, Leon	14 LERC	3:00.62	8,00

Miniemen

1.	MERTENS, Simeon	11 RCTAL	1:26.23	20,00
2.	GEES, Daan	11 LERC	1:35.28	18,00
3.	BILLIAU, Myro	12 LERC	1:52.09	16,00
4.	SILVERT, Matteo	11 RCTAL	1:54.56	14,00
5.	WAUDOIT, Henri	12 CSB	1:55.58	13,00
6.	EMIN, Marvin	12 RCTAL	2:02.83	12,00
7.	CHRISTIAENS, Léon	12 RDK	2:37.02	11,00

Programmanr. 163 Dames, 200m Super Lifesaver Volw./Adults
16/11/2025 - 13:00 Resultaten

Belgisch Record M40	2:39.00	VANBUEL, Nele	NELAUR	Louvain-la-Neuve	27/04/2025
Belgisch Record M30	2:32.48	VANBUEL, Nele	NELAUR	Seraing	8/05/2016
Belgisch Record JUN	2:31.25	VAN DE PLAS, Bo	LERC	Riccione (ITA)	23/09/2019
Belgisch Record OPEN	2:24.68	VAN DE PLAS, Bo	LERC	Seraing	21/04/2024
Belgisch Record OPEN	2:24.68	HARZÉ, Marine	NSL	Louvain-la-Neuve	27/04/2025
Belgisch Record CAD	2:43.78	VERMEIR, Marie	BRC	Riesa (GER)	30/06/2024

Rang	Geb.		Tijd	PT
Cadetten				
1.	DEMALDRÉ, Ynne	09 RCTAL	2:52.94	20,00
2.	MARDAGA, Anaïs	10 LSC	3:10.37	18,00
3.	EVERAERT, Ophelia	10 NSL	3:20.82	16,00
4.	VANDEPUTTE, Iris	09 IRC	3:22.64	14,00
5.	VAN LOOVEREN, Fleur	09 BRC	3:29.50	13,00
6.	GULINCK, Amelie	10 LERC	3:33.84	12,00
7.	HERMANS, Dania	10 LERC	3:38.97	11,00
8.	TIMMERS, Sara	10 LERC	4:06.76	10,00
dis	DE CUYPER, Stien	10 RCTAL		-
20 - Towing the manikin with the face below the surface				

Open Flemish Pool Lifesaving Championship
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Programmanr. 163, Dames, 200m Super Lifesaver

Junioren

1. VERMEIR, Marie	08	BRC	2:48.32	20,00
2. ANNÉ, Elise	08	LERC	2:50.13	18,00
3. ABBOTT, Luna	07	BLITS	2:56.35	16,00
4. LAUWERS, Lotte	08	BLITS	3:00.68	14,00
5. VANDERSTRAETEN, Maya	07	RCTAL	3:04.67	13,00
6. CORNELIS, Mille	08	BLITS	3:15.77	12,00
7. COMPTAERT, Phebe	07	IRC	3:21.17	11,00
8. VAN DEN BROECK, Elien	08	BLITS	3:35.73	10,00
FF CALLEBAUT, Tiffen	07	BLITS		-

Open

1. HARZÉ, Marine	97	NSL	2:35.36	20,00
2. DE KONING, Sanne	04	PORC	2:45.14	18,00
3. DHONDT, Tatiana	05	BRC	2:47.64	16,00
4. S'HEEREN, Mirte	06	STRC	2:51.53	14,00
5. WIJNANT, Loes	05	RCTAL	2:53.36	13,00
6. CASTEELE, Hanne	02	RCTAL	3:03.39	12,00
7. BOONE, Hannelore	06	LERC	3:03.69	11,00
8. LUYTEN, Kato	04	RCTAL	3:07.26	10,00
9. KENIS, Nine	05	BLITS	3:09.16	8,00
10. BLONDÉ, Iliana	04	NSL	3:17.25	7,00

M40

AFGEM DHONDT, Gerd	76	LERC		-
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Programmanr. 164
16/11/2025 - 13:24

Heren, 200m Super Lifesaver

Volw./Adults
Resultaten

Belgisch Record M40	2:35.61	BOCKSTAELE, François	BRC	Eindhoven (NED)	27/11/2022
Belgisch Record M30	2:14.46	BAELUS, Wouter	BLITS	Brugge	6/09/2017
Belgisch Record JUN	2:15.05	GOOSSENS, Torsten	BRC	Kortrijk	26/11/2023
Belgisch Record OPEN	2:12.63	LECOUTERE, Jeroen	LERC	Montpellier (FRA)	18/09/2014
Belgisch Record CAD	2:21.18	VAN ASTEN, Dieter	RDK	Dordrecht (NED)	9/03/2025

Rang	Geb.	Tijd	PT
Cadetten			
1. VAN ASTEN, Dieter	09 BRC	2:18.39	20,00
2. HEYLEN, Daan	09 BLITS	2:31.40	18,00
3. VAN HEYMBEECK, Jurre	10 RCTAL	2:43.37	16,00
4. KENIS, Jerit	09 BLITS	2:45.16	14,00
5. WAUDOIT, Martin	10 CSB	2:46.02	13,00
6. ALIÉ, Nathan	09 CSB	2:52.33	12,00
7. STEELAND, Jules	09 RDK	3:05.61	11,00

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Programmanr. 164, Heren, 200m Super Lifesaver

Junioren

1.	FICHER, Augustin	07	LSC	2:23.09	20,00
2.	GERAERTS, Mattias	08	BRC	2:28.25	18,00
3.	JANSSEN, Nicolas	08	LSC	2:29.93	16,00
4.	HUYSMANS, Bernd	08	STRC	2:34.08	14,00
5.	DE CUYPER, Gust	07	RCTAL	2:44.87	13,00
6.	SCHOONJANS, Lars	08	RCTAL	2:45.10	12,00
7.	VAN DER VOORT, Flor	08	BRC	3:01.65	11,00
8.	DE BORMAN, Cédric	07	STRC	3:16.24	10,00

Open

1.	GOOSSENS, Torsten	05	BRC	2:16.40	20,00
2.	CROES, Matisse	06	STRC	2:20.13	18,00
3.	KUIPHOF, Robin	03	PORC	2:23.56	16,00
4.	VAN STRYDONCK, Maarten	06	BLITS	2:28.35	14,00
5.	RICQUIER, Pieter	97	LERC	2:31.83	13,00
6.	KNUTS, Aiko	06	LERC	2:32.57	12,00
7.	FORMANN, Brivaël	04	LSC	2:34.46	11,00
8.	DE SMEDT, Lander	06	RCTAL	2:41.50	10,00
9.	LANDUYT, Emiel	99	IRC	3:12.25	8,00
AFGEM	BOCKSTAELE, Shean	01	BRC		-

M30

1.	BOLLENS, Bram	91	STRC	3:06.15	20,00
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M40

1.	GEIJSENBERGH, Gert	82	STRC	3:06.01	20,00
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BM	IN 'T VELD, Marcel	69	DRB	3:33.52	-
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Programmanr. 231
16/11/2025 - 13:48

4 x 50m Gordel aflossing

Jeugd/Jeunes
Resultaten

Belgisch Record	1:57.71	Reddingsclub Ternat Asse Lebbeke	RCTAL	Seraing	24/11/2024
Belgisch Record	2:07.34	Sint-Truidense Reddingsclub	STRC	Aalst	21/10/2018

Rang

Tijd PT

Jeugd/Jeunes, Meisjes

1.	RCTAL 1					RCTAL					2:06.81	20,00
	50m:	33.48	33.48	100m:	59.23	25.75	150m:	1:32.61	33.38	200m:	2:06.81	34.20
2.	STRC Meisjes					STRC					2:32.69	18,00
	50m:	41.72	41.72	100m:	1:16.66	34.94	150m:	1:56.19	39.53	200m:	2:32.69	36.50

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Programmanr. 231, 4 x 50m Gordel aflossing

Jeugd/Jeunes, Jongens

1.	RCTAL 1					RCTAL					2:06.26	-
	50m:	34.90	34.90	100m:	1:02.86	27.96	200m:	2:06.26	1:03.40			
2.	LERC 1					LERC					2:36.00	-
	50m:	43.87	43.87	100m:	1:21.17	37.30	150m:	1:26.19	5.02	200m:	2:36.00	1:09.81
3.	RCTAL 2					RCTAL					2:41.99	-
	50m:	40.72	40.72	100m:	1:16.43	35.71	150m:	1:51.42	34.99	200m:	2:41.99	50.57
4.	RCTAL 3					RCTAL					2:55.00	-
	50m:	43.74	43.74	100m:	1:20.53	36.79	150m:	1:32.75	12.22	200m:	2:55.00	1:22.25

Programmanr. 233
16/11/2025 - 13:52

Dames, 4 x 50m Gordel aflossing

Volw./Adults
Resultaten

Belgisch Record MAST	2:06.01	NELAUR	NELAUR	Brugge	14/05/2017
Belgisch Record OPEN	1:47.28	Leuvense Reddingsclub	LERC	Seraing	8/05/2022

Rang										Tijd	PT
Open											
1.	LERC 2					LERC				1:54.43	20,00
	50m:	29.64	29.64	100m:	51.46	21.82	150m:	1:24.28	32.82	200m:	1:54.43 30.15
2.	RCTAL 1					RCTAL				1:59.15	18,00
	50m:	32.24	32.24	100m:	55.20	22.96	150m:	1:29.70	34.50	200m:	1:59.15 29.45
3.	BLITS 1					BLITS				2:02.46	16,00
	50m:	30.02	30.02	100m:	52.38	22.36	150m:	1:26.85	34.47	200m:	2:02.46 35.61
4.	STRC Dames					STRC				2:06.16	14,00
	50m:	31.82	31.82	100m:	57.56	25.74	150m:	1:33.64	36.08	200m:	2:06.16 32.52
5.	RCTAL 2					RCTAL				2:18.17	13,00
	50m:	35.18	35.18	100m:	1:05.14	29.96	150m:	1:44.08	38.94	200m:	2:18.17 34.09

Programmanr. 234
16/11/2025 - 13:56

Heren, 4 x 50m Gordel aflossing

Volw./Adults
Resultaten

Belgisch Record MAST	1:44.56	Sint-Truidense Reddingsclub	STRC	Brugge	19/09/2023
Belgisch Record OPEN	1:37.68	Force of International Rescue Elite	FIRE	Antwerpen	30/10/2005

Rang										Tijd	PT
Open											
1.	BRC 1					BRC				1:37.95	20,00
	50m:	26.42	26.42	100m:	44.96	18.54	150m:	1:11.97	27.01	200m:	1:37.95 25.98
2.	STRC Heren					STRC				1:39.24	18,00
	50m:	25.73	25.73	100m:	42.36	16.63	200m:	1:39.24	56.88		
3.	RCTAL 1					RCTAL				1:46.75	16,00
	50m:	28.33	28.33	100m:	46.62	18.29	150m:	1:17.04	30.42	200m:	1:46.75 29.71
4.	RCTAL 2					RCTAL				1:47.47	14,00
	50m:	27.43	27.43	100m:	48.00	20.57	150m:	1:18.84	30.84	200m:	1:47.47 28.63
5.	BLITS 1					BLITS				1:50.58	13,00
	50m:	26.63	26.63	100m:	49.82	23.19	150m:	1:11.93	22.11	200m:	1:50.58 38.65

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Programmanr. 234, Heren, 4 x 50m Gordel aflossing, Open

Rang											Tijd	PT
6.	LSC 1	LSC									1:54.26	12,00
	50m:	28.03	28.03	100m:	52.98	24.95	150m:	1:23.29	30.31	200m:	1:54.26	30.97
7.	LERC 3	LERC									1:56.63	11,00
	50m:	31.56	31.56	100m:	56.91	25.35	150m:	1:18.76	21.85	200m:	1:56.63	37.87

Programmanr. 131
16/11/2025 - 14:00

Meisjes, 50m Reddingscombiné

Jeugd/Jeunes
Resultaten

Belgisch Record MIN	37.14	JACOBS, Ella	BRC	Brugge	12/05/2018
Belgisch Record BEN	41.40	JACOBS, Eva	BRC	Kortrijk	26/11/2023

Rang		Geb.		Tijd	PT
Benjamins					
1.	VANDOMMELE, Kaatje	13	RCTAL	43.53	20,00
2.	POGOR, Rébecca	13	RCTAL	45.27	18,00
3.	JANS, Féliz	13	STRC	47.40	16,00
4.	BICHIR, Esmeralda	13	RCTAL	48.89	14,00
5.	BUSTIN, Auriana	13	RDK	52.82	13,00
6.	LOHRMANN, Mischa	14	BLITS	54.10	12,00
7.	JOARLETTE, Emelyne	15	RCTAL	54.42	11,00
8.	SCHOUPS GERARD, Isolde	13	LERC	55.79	10,00
9.	GILLABEL, Lili	14	STRC	58.51	8,00
10.	FOERIER, Olivia	14	STRC	1:00.80	7,00

Miniemen

1.	JOARLETTE, Zoé	11	RCTAL	38.81	20,00
2.	JACOBS, Eva	11	BRC	39.77	18,00
3.	LAUWERS, Sofie	11	BLITS	40.66	16,00
4.	KRUIK, Lotte	11	RCTAL	41.33	14,00
5.	HEYLEN, Jade	11	BLITS	41.53	13,00
6.	LECLUSE, Esmée	12	RDK	44.92	12,00
7.	DESLOOVERE, Merel	11	RDK	45.55	11,00
8.	MESTDAGH, Emma	11	RDK	45.77	10,00
9.	GOETHALS, Milou	11	LERC	46.05	8,00
10.	MERTENS, Ida	11	STRC	47.87	7,00
11.	EVERAERT, Emilia	12	NSL	51.63	6,00
FF	JOARLETTE, Nina	11	RCTAL		-

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Programmanr. 132
16/11/2025 - 14:12

Jongens, 50m Reddingscombiné

Jeugd/Jeunes
Resultaten

Belgisch Record MIN	33.81	VANDERSTEEN, Jelle	STRC	Brugge	27/11/2016
Belgisch Record BEN	41.53	VAN HEYMBEECK, Jurre	RCTAL	Kortrijk	20/11/2022

Rang		Geb.		Tijd	PT
Benjamins					
1.	VANDERSTRAETEN, Mika	13	RCTAL	49.12	20,00
2.	AZIZOV DAEM, Timur	13	RCTAL	50.97	18,00
3.	BROSENS, Lucca	14	RCTAL	52.95	16,00
4.	ENGELS, Oliver	14	RCTAL	53.71	14,00
5.	VANBRABANT, Esben	13	IRC	55.77	13,00
6.	GEIRNAERT, Lukas	14	LERC	57.80	12,00
7.	SERGOORIS TEMMERMAN, Jolan	14	RCTAL	58.19	11,00
8.	FRANK VERSPECHT, Wout	14	RCTAL	59.68	10,00
9.	THYS, Denzel	14	RCTAL	1:01.52	8,00
dis	CASTEELS, Leon	14	LERC		-
22 - Surfacing after turning and before lifting the manikin.					

Miniemen

1.	MERTENS, Simeon	11	RCTAL	34.44	20,00
2.	GEES, Daan	11	LERC	37.88	18,00
3.	WAUDOIT, Henri	12	CSB	43.06	16,00
4.	EMIN, Marvin	12	RCTAL	43.54	14,00
5.	SILVERT, Matteo	11	RCTAL	44.47	13,00
6.	DEMON, Levi	11	NSL	45.90	12,00
7.	BILLIAU, Myro	12	LERC	46.89	11,00

Programmanr. 133
16/11/2025 - 14:20

Dames, 100m Reddingscombiné

Volw./Adults
Resultaten

Belgisch Record M40	1:21.55	VANBUEL, Nele	NELAUR	Louvain-la-Neuve	23/03/2025
Belgisch Record M30	1:11.07	ROMANINI, Aurélie	BOUST	Castellon (ESP)	15/09/2021
Belgisch Record JUN	1:16.73	LINDEKENS, Stefanie	BLITS	Warendorf (GER)	22/11/2014
Belgisch Record OPEN	1:11.07	ROMANINI, Aurélie	BOUST	Castellon (ESP)	15/09/2021
Belgisch Record CAD	1:19.12	JACOBS, Ella	BRC	Castellon	15/09/2021

Rang		Geb.		Tijd	PT
Cadetten					
1.	MARDAGA, Anais	10	LSC	1:31.02	20,00
2.	JOHNEN, Emma	10	NSL	1:33.52	18,00
3.	LEGRAND, Lore	09	RCTAL	1:36.13	16,00
4.	HUYSMANS, Maren	10	STRC	1:44.53	14,00
5.	VANDEPUTTE, Iris	09	IRC	1:45.46	13,00
6.	DE BRUYNE, Feiya	10	RCTAL	1:54.66	12,00
7.	GEVAERT, Lea	10	IRC	1:59.13	11,00
8.	BUGGENHOUT, Yana	10	RCTAL	2:00.19	10,00
9.	GULINCK, Amelie	10	LERC	2:01.06	8,00
dis	TIMMERS, Sara	10	LERC		-
22 - Surfacing after turning and before lifting the manikin.					

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Programmanr. 133, Dames, 100m Reddingscombiné

Junioren

1.	CALLEBAUT, Tiffen	07	BLiTS	1:22.21	20,00
2.	ANNÉ, Elise	08	LERC	1:25.93	18,00
3.	LAUWERS, Lotte	08	BLiTS	1:27.69	16,00
4.	ABBOTT, Luna	07	BLiTS	1:32.03	14,00
5.	CORNELIS, Mille	08	BLiTS	1:35.73	13,00
dis	VAN DEN BROECK, Elien	08	BLiTS		-

22 - Surfing after turning and before lifting the manikin.

Open

1.	DHONDT, Tatiana	05	BRC	1:21.14	20,00
2.	LIBERT, Léa	04	CSB	1:34.94	18,00
3.	KENIS, Nine	05	BLiTS	1:41.60	16,00
FF	MORTIER, Nina	08	LERC		-

Programmanr. 134
16/11/2025 - 14:35

Heren, 100m Reddingscombiné

Volw./Adults
Resultaten

Belgisch Record M55	1:20.28	BOCKSTAELE, François	BRC	Eindhoven (NED)	2/12/2023
Belgisch Record M40	1:17.90	BOCKSTAELE, François	BRC	Seraing	8/05/2022
Belgisch Record M30	1:02.48	LECOUTERE, Jeroen	LERC	Tarbes (FRA)	2/06/2019
Belgisch Record JUN	1:03.88	CEUSTERS, Joni	LERC	Torreveja (ESP)	24/09/2015
Belgisch Record OPEN	1:02.48	LECOUTERE, Jeroen	LERC	Tarbes (FRA)	2/06/2019
Belgisch Record CAD	1:07.41	CEUSTERS, Joni	LERC	Warendorf (GER)	19/11/2013

Rang		Geb.		Tijd	PT
Cadetten					
1.	HEYLEN, Daan	09	BLiTS	1:14.39	20,00
2.	VAN HEYMBEECK, Jurre	10	RCTAL	1:20.17	18,00
3.	GILLABEL, Enno	09	STRC	1:21.25	16,00
4.	VAN STRYDONCK, Tomas	10	BLiTS	1:23.50	14,00
5.	WAUDOIT, Martin	10	CSB	1:24.61	13,00
6.	SOMERS, Seth	09	PORC	1:25.08	12,00
7.	KENIS, Jerit	09	BLiTS	1:28.65	11,00
8.	CIUBOTARIU, Alexandru	10	RCTAL	1:29.75	10,00
9.	CASTEELS, Vik	10	LERC	1:32.43	8,00
10.	CALLEBAUT, Jolan	09	BLiTS	1:33.84	7,00
11.	DEMON, Nyo	10	NSL	1:41.56	6,00
12.	CLOETENS, Côme	10	LERC	1:44.38	5,00
FF	ALIÉ, Nathan	09	CSB		-

Junioren

1.	CLAERHOUT, Bas	08	NSL	1:07.85	20,00
2.	GERAERTS, Mattias	08	BRC	1:11.70	18,00
3.	DE CUYPER, Gust	07	RCTAL	1:20.70	16,00
4.	SCHOONJANS, Lars	08	RCTAL	1:21.77	14,00
5.	HUYSMANS, Bernd	08	STRC	1:26.47	13,00

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Programmanr. 134, Heren, 100m Reddingscombiné

Open

1.	VANLAER, Mathijs	06	STRC	1:07.46	20,00
2.	WEIS, Billy	05	NSL	1:22.46	18,00
3.	DE VLAMYNCK, Mathias	05	NSL	1:25.31	16,00

M30

1.	BOLLENS, Bram	91	STRC	1:29.54	20,00
AFGEM	VERRECK, Devin	89	LERC		-

M40

1.	BOONE, Maarten	77	LERC	1:20.55	20,00
2.	GEIRNAERT, Tom	80	LERC	2:11.72	18,00

Programmanr. 121
16/11/2025 - 14:55

Meisjes, 50m Popredde met vinnen

Jeugd/Jeunes
Resultaten

Belgisch Record MIN	29.35	BONHOMME, Méline	CSB	Seraing	22/12/2018
Belgisch Record BEN	33.32	VANDOMMELE, Kaatje	RCTAL	Louvain-la-Neuve	27/04/2025

Rang		Geb.		Tijd	PT
Benjamins					
1.	VANDOMMELE, Kaatje	13	RCTAL	33.06	20,00
2.	POGOR, Rébecca	13	RCTAL	33.82	18,00
3.	JANS, Félic	13	STRC	36.51	16,00
4.	BICHR, Esmeralda	13	RCTAL	40.89	14,00
	MESSELY, Jente	13	RDK	40.89	14,00
6.	LOHRMANN, Mischa	14	BLITS	41.49	12,00
7.	SCHOUPS GERARD, Isolde	13	LERC	42.19	11,00
8.	DEBLAUWE, Eloise	13	RDK	43.50	10,00
9.	JOARLETTE, Emelyne	15	RCTAL	44.78	8,00
10.	BUSTIN, Auriana	13	RDK	46.34	7,00
11.	SAESENS, Marie-Julie	15	IRC	52.87	6,00

Miniemen

1.	JOARLETTE, Nina	11	RCTAL	30.15	20,00
2.	LAUWERS, Sofie	11	BLITS	30.26	18,00
3.	KRUIK, Lotte	11	RCTAL	30.74	16,00
4.	JOARLETTE, Zoé	11	RCTAL	31.08	14,00
5.	JAROSZKO, Jana	11	BRC	31.79	13,00
6.	GEIJSENBERGH, Nina	11	STRC	32.68	12,00
7.	EVERAERT, Emilia	12	NSL	33.27	11,00
8.	JACOBS, Eva	11	BRC	33.83	10,00
9.	GOETHALS, Milou	11	LERC	35.97	8,00
10.	MERTENS, Ida	11	STRC	36.08	7,00
11.	MESTDAGH, Emma	11	RDK	36.84	6,00
12.	DESLOOVERE, Merel	11	RDK	37.43	5,00
13.	LECLUSE, Esmée	12	RDK	38.78	4,00
14.	DELAMEILLEURE, Elize	12	RDK	44.34	3,00
15.	DECAPMAKER, Janne	12	LERC	45.01	2,00
FF	HEYLEN, Jade	11	BLITS		-

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Programmanr. 121, Meisjes, 50m Popredden met vinnen, Miniemen

Rang	Geb.	Tijd	PT
AFGEM KWAPISZ, Lara	12 BRC		-

Programmanr. 122
16/11/2025 - 15:07

Jongens, 50m Popredden met vinnen

Jeugd/Jeunes
Resultaten

Belgisch Record MIN	27.38	CLAERHOUT, Bas	IRC	Seraing	8/05/2022
Belgisch Record BEN	32.28	CLAERHOUT, Bas	IRC	Kortrijk	16/02/2020

Rang	Geb.	Tijd	PT
Benjamins			
1. VANDERSTRAETEN, Mika	13 RCTAL	37.24	20,00
2. AZIZOV DAEM, Timur	13 RCTAL	38.03	18,00
3. VANBRABANT, Esben	13 IRC	41.94	16,00
4. ENGELS, Oliver	14 RCTAL	42.24	14,00
5. BROSENS, Lucca	14 RCTAL	42.34	13,00
6. THYS, Denzel	14 RCTAL	45.51	12,00
7. FRANK VERSPECHT, Wout	14 RCTAL	45.56	11,00
8. GEIRNAERT, Lukas	14 LERC	48.04	10,00
9. CASTEELS, Leon	14 LERC	49.14	8,00
10. SERGOORIS TEMMERMAN, Jolan	14 RCTAL	53.16	7,00
11. GILLIS, Matthias	14 RCTAL	54.45	6,00

Miniemen

1. MERTENS, Simeon	11 RCTAL	28.05	20,00
2. EMIN, Marvin	12 RCTAL	29.00	18,00
3. GEES, Daan	11 LERC	32.48	16,00
4. DEMON, Levi	11 NSL	35.33	14,00
5. BILLIAU, Myro	12 LERC	40.96	13,00
6. CHRISTIAENS, Léon	12 RDK	46.63	12,00

Programmanr. 123
16/11/2025 - 15:15

Dames, 100m Popredden met vinnen

Volw./Adults
Resultaten

Belgisch Record M70	1:57.18	WITTOUCK, Mireille	IRC	Kortrijk	12/05/2024
Belgisch Record M55	1:14.22	PORTE, Annick	BRC	Louvain-la-Neuve	23/03/2025
Belgisch Record M40	59.49	VANBUEL, Nele	NELAUR	Dordrecht (NED)	9/03/2025
Belgisch Record M30	58.87	ROMANINI, Aurélie	BOUST	Montpellier (FRA)	20/03/2022
Belgisch Record JUN	54.62	CROES, Elise	STRC	Amersfoort (NED)	28/11/2021
Belgisch Record OPEN	53.91	CROES, Elise	STRC	Düsseldorf (GER)	14/04/2024
Belgisch Record CAD	57.92	CROES, Elise	STRC	Eindhoven (NED)	1/12/2019

Rang	Geb.	Tijd	PT
Cadetten			
1. DEMALDRÉ, Ynne	09 RCTAL	1:04.12	20,00
2. LEGRAND, Lore	09 RCTAL	1:10.29	18,00
3. COUNE, Eline	10 STRC	1:10.97	16,00
4. JOHNNEN, Emma	10 NSL	1:11.64	14,00
5. HUYSMANS, Maren	10 STRC	1:14.98	13,00
6. EVERAERT, Ophelia	10 NSL	1:18.56	12,00
7. GULINCK, Amelie	10 LERC	1:19.29	11,00
8. VAN LOOVEREN, Fleur	09 BRC	1:28.01	10,00

Open Flemish Pool Lifesaving Championship
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Programmanr. 123, Meisjes, 100m Popredden met vinnen, Cadetten

Rang		Geb.		Tijd	PT
9.	DE BRUYNE, Feiya	10	RCTAL	1:28.18	8,00
10.	DE CUYPER, Stien	10	RCTAL	1:28.47	7,00
11.	TIMMERS, Sara	10	LERC	1:53.63	6,00
FF	BUGGENHOUT, Yana	10	RCTAL		-

Junioren

1.	CALLEBAUT, Tiffen	07	BLiTS	1:02.67	20,00
2.	MORTIER, Nina	08	LERC	1:02.76	18,00
3.	VERMEIR, Marie	08	BRC	1:04.61	16,00
4.	VANDERSTRAETEN, Maya	07	RCTAL	1:04.83	14,00
5.	ABBOTT, Luna	07	BLiTS	1:11.80	13,00
6.	CORNELIS, Mille	08	BLiTS	1:18.55	12,00
7.	COMPTAERT, Phebe	07	IRC	1:21.78	11,00
8.	VAN DEN BROECK, Elien	08	BLiTS	1:32.89	10,00

Open

1.	VAN DE PLAS, Bo	01	LERC	59.02	20,00
2.	BOONE, Hannelore	06	LERC	1:01.69	18,00
3.	S'HEEREN, Mirte	06	STRC	1:02.16	16,00
4.	DE KONING, Sanne	04	PORC	1:04.49	14,00
5.	DHONDT, Tatiana	05	BRC	1:04.89	13,00
6.	WIJNANT, Loes	05	RCTAL	1:06.64	12,00
7.	BLONDÉ, Iliana	04	NSL	1:10.60	11,00
8.	LIBERT, Léa	04	CSB	1:14.06	10,00
9.	FLORUS, Jinske	00	PORC	1:16.22	8,00
10.	KENIS, Nine	05	BLiTS	1:21.30	7,00

M30

1.	BARTIER, Sanne	90	RDK	1:37.49	20,00
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M40

1.	VERMEULEN, Elke	79	LERC	1:23.27	20,00
AFGEM	DHONDT, Gerd	76	LERC		-

M55

1.	PORTE, Annick	69	BRC	1:20.06	20,00
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M70

1.	WITTOUCK, Mireille	54	IRC	2:02.33	20,00
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Programmanr. 124
16/11/2025 - 15:35

Heren, 100m Popredde met vinnen

Volw./Adults
Resultaten

Belgisch Record M55	57.84	BOCKSTAELE, François	BRC	Gold Coast (AUS)	26/08/2024
Belgisch Record M40	53.06	ARNAUTS, Bert	STRC	Seraing	28/04/2019
Belgisch Record M30	52.03	BAELUS, Wouter	BLITS	Seraing	6/05/2018
Belgisch Record JUN	48.28	CEUSTERS, Joni	LERC	Torrevecchia (ESP)	25/09/2015
Belgisch Record OPEN	47.02	CROES, Matisse	STRC	Szczecin (POL)	25/08/2025
Belgisch Record CAD	49.92	KNUTS, Aiko	STRC	Riccione (ITA)	2/10/2022

Rang	Geb.	Tijd	PT
Cadetten			
1. MARCKX, Leon	09 NSL	1:02.76	20,00
2. GILLABEL, Enno	09 STRC	1:02.89	18,00
3. CIUBOTARIU, Alexandru	10 RCTAL	1:03.75	16,00
4. SOMERS, Seth	09 PORC	1:03.84	14,00
5. KENIS, Jerrit	09 BLITS	1:06.11	13,00
6. CASTEELS, Vik	10 LERC	1:07.99	12,00
7. DEMON, Nyo	10 NSL	1:13.18	11,00
8. STEELAND, Jules	09 RDK	1:13.58	10,00
9. WULLAERT, Niels	10 IRC	1:13.90	8,00
10. CALLEBAUT, Jolan	09 BLITS	1:14.87	7,00
11. CLOETENS, Côme	10 LERC	1:15.41	6,00
dis VAN ASTEN, Dieter	09 BRC		-

21 - Releasing the manikin before touching the finish wall/edge or the turn wall/edge.

Junioren

1. CLAERHOUT, Bas	08 NSL	48.64	20,00
2. FICHER, Augustin	07 LSC	56.94	18,00
3. JANSSEN, Nicolas	08 LSC	57.00	16,00
4. VAN DER VOORT, Flor	08 BRC	1:02.42	14,00
5. HUYSMANS, Bernd	08 STRC	1:05.66	13,00
6. DE BORMAN, Cédric	07 STRC	1:11.92	12,00
FF BUGGENHOUT, Dago	08 RCTAL		-

Open

1. CROES, Matisse	06 STRC	48.21	20,00
2. BOCKSTAELE, Shean	01 BRC	50.59	18,00
3. KNUTS, Aiko	06 LERC	52.04	16,00
4. WILMOTS, Robbe	00 RCTAL	54.33	14,00
5. FORMANN, Brivaël	04 LSC	55.32	13,00
6. DE SMEDT, Lander	06 RCTAL	58.92	12,00
7. DE VLAMYNCK, Mathias	05 NSL	1:00.82	11,00
8. WEIS, Billy	05 NSL	1:08.41	10,00
FF LEGRAND, Wout	06 RCTAL		-

M30

1. BOLLENS, Bram	91 STRC	1:10.05	20,00
AFGEM VERRECK, Devin	89 LERC		-

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Programmanr. 124, Heren, 100m Popredden met vinnen

M40

1.	BOONE, Maarten	77	LERC	57.49	20,00
2.	GEIJSENBERGH, Gert	82	STRC	1:06.63	18,00
3.	CAZIER, Jeroen	79	LERC	1:07.61	16,00
4.	GEIRNAERT, Tom	80	LERC	1:33.36	14,00

M55

1.	BOCKSTAELE, François	68	BRC	1:01.95	20,00
2.	VERSTRAETEN, Erik	65	LERC	1:17.07	18,00
3.	IN 'T VELD, Marcel	69	DRB	1:21.46	16,00
4.	VERRECK, Jos	59	LERC	1:58.53	14,00

Programmanr. 141
16/11/2025 - 15:55

Meisjes, 50m Popredden

Jeugd/Jeunes
Resultaten

Belgisch Record MIN	37.48	JACOBS, Ella	BRC	Brugge	12/05/2019
Belgisch Record BEN	44.13	JACOBS, Eva	BRC	Kortrijk	26/11/2023

Rang		Geb.		Tijd	PT
Benjamins					
1.	VANDOMMELE, Kaatje	13	RCTAL	45.15	20,00
2.	POGOR, Rébecca	13	RCTAL	49.28	18,00
3.	BUSTIN, Auriana	13	RDK	55.10	16,00
4.	MESSELY, Jente	13	RDK	57.06	14,00
5.	LOHRMANN, Mischa	14	BLiTS	57.13	13,00
6.	SCHOUPS GERARD, Isolde	13	LERC	57.90	12,00
7.	GILLABEL, Lili	14	STRC	1:01.92	11,00
8.	FOERIER, Olivia	14	STRC	1:04.84	10,00

Miniemen

1.	JOARLETTE, Nina	11	RCTAL	40.72	20,00
2.	HEYLEN, Jade	11	BLiTS	40.99	18,00
3.	JOARLETTE, Zoé	11	RCTAL	41.49	16,00
4.	JACOBS, Eva	11	BRC	41.51	14,00
5.	GEIJSENBERGH, Nina	11	STRC	45.21	13,00
6.	LAUWERS, Sofie	11	BLiTS	45.81	12,00
7.	GOETHALS, Milou	11	LERC	47.49	11,00
8.	MESTDAGH, Emma	11	RDK	47.84	10,00
9.	LECLUSE, Esmée	12	RDK	48.12	8,00
10.	DESLOOVERE, Merel	11	RDK	49.49	7,00
11.	MERTENS, Ida	11	STRC	50.35	6,00
12.	BAMPS, Esmée	12	STRC	57.25	5,00
13.	DECAPMAKER, Janne	12	LERC	59.93	4,00

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Programmanr. 142
16/11/2025 - 16:07

Jongens, 50m Popredde

Jeugd/Jeunes
Resultaten

Belgisch Record MIN	33.51	VANDERSTEEN, Jelle	STRC	Brugge	27/11/2016
Belgisch Record BEN	43.03	VAN HEYMBEECK, Jurre	RCTAL	Kortrijk	20/11/2022

Rang	Geb.	Tijd	PT
Benjamins			
1. VANDERSTRAETEN, Mika	13 RCTAL	50.93	20,00
2. CORNET, Liam	14 STRC	53.05	18,00
3. BROSENS, Lucca	14 RCTAL	54.13	16,00
4. VANBRABANT, Esben	13 IRC	55.54	14,00
5. ENGELS, Oliver	14 RCTAL	56.76	13,00
6. GEIRNAERT, Lukas	14 LERC	56.81	12,00
7. FRANK VERSPECHT, Wout	14 RCTAL	1:00.65	11,00
8. SERGOORIS TEMMERMAN, Jolan	14 RCTAL	1:01.91	10,00
9. GEIJSENBERGH, Rik	14 STRC	1:02.06	8,00
10. CASTEELS, Leon	14 LERC	1:02.61	7,00
11. THYS, Denzel	14 RCTAL	1:06.26	6,00
12. GILLIS, Matthias	14 RCTAL	1:09.18	5,00

Miniemen

1. MERTENS, Simeon	11 RCTAL	34.71	20,00
2. EMIN, Marvin	12 RCTAL	40.09	18,00
3. GEES, Daan	11 LERC	40.77	16,00
4. DEMON, Levi	11 NSL	44.88	14,00
5. WAUDOIT, Henri	12 CSB	45.00	13,00
6. SILVERT, Matteo	11 RCTAL	46.48	12,00
7. BILLIAU, Myro	12 LERC	51.03	11,00
8. CHRISTIAENS, Léon	12 RDK	54.62	10,00

Programmanr. 143
16/11/2025 - 16:20

Dames, 50m Popredde

Volw./Adults
Resultaten

Belgisch Record M70	1:16.30	WITTOUCK, Mireille	IRC	Kortrijk	12/05/2024
Belgisch Record M55	52.27	PORTE, Annick	BRC	Louvain-la-Neuve	27/04/2025
Belgisch Record M40	39.51	VANBUEL, Nele	NELAUR	Dordrecht (NED)	9/03/2025
Belgisch Record M30	34.50	ROMANINI, Aurélie	BOUST	Riccione	28/09/2022
Belgisch Record JUN	36.70	JACOBS, Ella	BRC	Brugge	22/09/2023
Belgisch Record OPEN	34.50	ROMANINI, Aurélie	BOUST	Riccione (ITA)	28/09/2022
Belgisch Record CAD	38.51	JACOBS, Ella	BRC	Castellon (ESP)	14/09/2021

Rang	Geb.	Tijd	PT
Cadetten			
1. DEMALDRÉ, Ynne	09 RCTAL	44.25	20,00
2. JOHNNEN, Emma	10 NSL	44.48	18,00
3. LEGRAND, Lore	09 RCTAL	44.74	16,00
4. COUNE, Eline	10 STRC	47.54	14,00
5. EVERAERT, Ophelia	10 NSL	48.35	13,00
6. HUYSMANS, Maren	10 STRC	49.83	12,00
7. HERMANS, Dania	10 LERC	53.73	11,00
8. DE BRUYNE, Feiya	10 RCTAL	54.76	10,00
9. DE CUYPER, Stien	10 RCTAL	55.47	8,00
10. GULINCK, Amelie	10 LERC	57.20	7,00

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Programmanr. 143, Meisjes, 50m Popredden, Cadetten

Rang		Geb.		Tijd	PT
11.	TIMMERS, Sara	10	LERC	1:18.30	6,00
dis	GEVAERT, Lea	10	IRC		-
	<i>19 - Using an incorrect carrying technique., pop voorbij atleet</i>				
FF	MARDAGA, Anais	10	LSC		-

Junioren

1.	VERMEIR, Marie	08	BRC	40.95	20,00
2.	CALLEBAUT, Tiffen	07	BLiTS	41.32	18,00
3.	VANDERSTRAETEN, Maya	07	RCTAL	41.83	16,00
4.	ANNÉ, Elise	08	LERC	42.62	14,00
5.	ABBOTT, Luna	07	BLiTS	42.84	13,00
6.	MORTIER, Nina	08	LERC	44.15	12,00
7.	CORNELIS, Mille	08	BLiTS	49.90	11,00
8.	COMPTAERT, Phebe	07	IRC	53.74	10,00
9.	VAN DEN BROECK, Elien	08	BLiTS	59.87	8,00

Open

1.	HARZÉ, Marine	97	NSL	37.02	20,00
2.	DHONDT, Tatiana	05	BRC	38.35	18,00
3.	LIBERT, Léa	04	CSB	44.73	16,00
4.	CASTEELE, Hanne	02	RCTAL	45.82	14,00
5.	BLONDÉ, Ilana	04	NSL	48.59	13,00
6.	LUYTEN, Kato	04	RCTAL	49.48	12,00
7.	KENIS, Nine	05	BLiTS	53.42	11,00

M30

1.	BARTIER, Sanne	90	RDK	1:05.36	20,00
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M40

1.	VERMEULEN, Elke	79	LERC	52.77	20,00
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M55

1.	PORTE, Annick	69	BRC	53.82	20,00
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M70

1.	WITTOUCK, Mireille	54	IRC	1:19.39	20,00
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Open Flemish Pool Lifesaving Championship
16/11/2025
Kortrijk

Programmanr. 144
16/11/2025 - 16:40

Heren, 50m Popredde

Volw./Adults
Resultaten

Belgisch Record M55	36.52	BOCKSTAELE, François	BRC	Gold Coast (AUS)	26/08/2024
Belgisch Record M40	36.51	ARNAUTS, Bert	STRC	Seraing	28/04/2019
Belgisch Record M30	31.38	ROMANINI, Pierre-Yves	ACF	Brugge	6/09/2017
Belgisch Record JUN	30.72	CEUSTERS, Joni	LERC	Swansea (GBR)	4/08/2015
Belgisch Record OPEN	30.62	CEUSTERS, Joni	LERC	Riccione (ITA)	23/09/2019
Belgisch Record CAD	32.01	CEUSTERS, Joni	LERC	Warendorf (GER)	19/11/2013

Rang	Geb.	Tijd	PT
Cadetten			
1. HEYLEN, Daan	09 BLITS	34.10	20,00
2. VAN ASTEN, Dieter	09 BRC	34.59	18,00
3. GILLABEL, Enno	09 STRC	37.27	16,00
4. VAN HEYMBEECK, Jurre	10 RCTAL	37.71	14,00
5. ALIÉ, Nathan	09 CSB	39.48	13,00
6. VAN STRYDONCK, Tomas	10 BLITS	40.38	12,00
7. SOMERS, Seth	09 PORC	41.14	11,00
8. KENIS, Jerit	09 BLITS	41.30	10,00
9. CASTEELS, Vik	10 LERC	41.87	8,00
10. CIUBOTARIU, Alexandru	10 RCTAL	42.23	7,00
11. WAUDOIT, Martin	10 CSB	42.62	6,00
12. CALLEBAUT, Jolan	09 BLITS	43.18	5,00
13. MARCKX, Leon	09 NSL	44.65	4,00
14. STEELAND, Jules	09 RDK	45.77	3,00
15. DEMON, Nyo	10 NSL	46.37	2,00
16. CLOETENS, Côme	10 LERC	47.77	1,00

Junioren

1. FICHER, Augustin	07 LSC	33.30	20,00
2. CLAERHOUT, Bas	08 NSL	33.68	18,00
3. GERAERTS, Mattias	08 BRC	34.10	16,00
4. JANSSEN, Nicolas	08 LSC	38.11	14,00
5. DE CUYPER, Gust	07 RCTAL	38.45	13,00
6. SCHOONJANS, Lars	08 RCTAL	38.67	12,00
7. VAN DER VOORT, Flor	08 BRC	38.74	11,00

Open

1. VANLAER, Mathijs	06 STRC	32.15	20,00
2. CROES, Matisse	06 STRC	32.39	18,00
3. GOOSSENS, Torsten	05 BRC	32.53	16,00
4. KUIPHOF, Robin	03 PORC	32.75	14,00
5. GOOSSENS, Ilian	03 BRC	34.26	13,00
6. RICQUIER, Pieter	97 LERC	36.01	12,00
7. WEIS, Billy	05 NSL	36.26	11,00
8. KNUTS, Aiko	06 LERC	36.71	10,00
9. WILMOTS, Robbe	00 RCTAL	37.92	8,00
10. DE VLAMYNCK, Mathias	05 NSL	38.26	7,00
11. FORMANN, Brivaël	04 LSC	38.59	6,00
12. VAN STRYDONCK, Maarten	06 BLITS	38.87	5,00
13. LEGRAND, Wout	06 RCTAL	40.27	4,00
14. LANDUYT, Emiel	99 IRC	48.03	3,00

Open Flemish Pool Lifesaving Championship
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Programmanr. 144, Heren, 50m Popredden

M30

AFGEM	VERRECK, Devin	89	LERC	-
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M40

1.	BOONE, Maarten	77	LERC	37.70	20,00
2.	CAZIER, Jeroen	79	LERC	40.45	18,00
3.	GEIJSENBERGH, Gert	82	STRC	48.72	16,00
4.	GEIRNAERT, Tom	80	LERC	54.37	14,00

M55

1.	BOCKSTAELE, François	68	BRC	38.51	20,00
2.	VERSTRAETEN, Erik	65	LERC	51.40	18,00
3.	IN 'T VELD, Marcel	69	DRB	52.01	16,00
4.	VERRECK, Jos	59	LERC	1:08.99	14,00

Programmanr. 221
16/11/2025 - 17:05

4 x 25m Pop aflossing

Jeugd/Jeunes
Resultaten

Belgisch Record	1:30.09	Reddingsclub Ternat Asse Lebbeke	RCTAL	Seraing	24/11/2024
Belgisch Record	1:42.53	Reddingsclub Ternat Asse Lebbeke	RCTAL	Kortrijk	26/11/2023

Rang						Tijd	PT
Jeugd/Jeunes, Meisjes							
1.	RCTAL 1				RCTAL	1:41.08	20,00
	50m: 49.08 49.08 100m: 1:41.08				52.00		
2.	STRC Meisjes				STRC	2:12.06	18,00
	50m: 1:00.94 1:00.94 100m: 2:12.06				1:11.12		
Jeugd/Jeunes, Jongens							
1.	RCTAL 1				RCTAL	1:39.02	-
	50m: 34.22 34.22 100m: 1:39.02				1:04.80		
2.	LERC 1				LERC	2:06.87	-
	50m: 56.80 56.80 100m: 2:06.87				1:10.07		
3.	RCTAL 2				RCTAL	2:27.55	-
	50m: 38.96 38.96 100m: 2:27.55				1:48.59		
dis	RCTAL 3				RCTAL		-
	<i>vertrekken voor de atleet de muur heeft geraakt</i>						

Open Flemish Pool Lifesaving Championship
16/11/2025
Kortrijk

Programmanr. 223
16/11/2025 - 17:10

Dames, 4 x 25m Pop aflossing

Volw./Adults
Resultaten

Belgisch Record MAST	1:52.93	NELAUR	NELAUR	Brugge	14/05/2017
Belgisch Record OPEN	1:25.10	Leuvense Reddingsclub	LERC	Wachtebeke	10/05/2015

Rang							Tijd	PT
Open								
1.	LERC 2					LERC	1:33.98	20,00
	50m:	42.35	42.35	100m:	1:33.98	51.63		
2.	RCTAL 1					RCTAL	1:37.54	18,00
	50m:	48.46	48.46	100m:	1:37.54	49.08		
3.	BLITS 1					BLITS	1:52.63	16,00
	50m:	54.87	54.87	100m:	1:52.63	57.76		
4.	STRC Dames					STRC	1:54.62	14,00
	50m:	34.88	34.88	100m:	1:54.62	1:19.74		
5.	RCTAL 2					RCTAL	2:01.71	13,00
	50m:	34.99	34.99	100m:	2:01.71	1:26.72		

Programmanr. 224
16/11/2025 - 17:15

Heren, 4 x 25m Pop aflossing

Volw./Adults
Resultaten

Belgisch Record MAST	1:19.91	Sint-Truidense Reddingsclub	STRC	Brugge	19/09/2023
Belgisch Record OPEN	1:10.21	Leuvense Reddingsclub	LERC	Brugge	12/05/2019

Rang							Tijd	PT
Open								
1.	BRC 1					BRC	1:14.49	20,00
	50m:	29.44	29.44	100m:	1:14.49	45.05		
2.	STRC Heren					STRC	1:18.71	18,00
	50m:	27.08	27.08	100m:	1:18.71	51.63		
3.	RCTAL 1					RCTAL	1:27.33	16,00
	50m:	38.66	38.66	100m:	1:27.33	48.67		
4.	BLITS 1					BLITS	1:29.71	14,00
	50m:	46.39	46.39	100m:	1:29.71	43.32		
5.	LERC 3					LERC	1:31.93	13,00
	50m:	43.22	43.22	100m:	1:31.93	48.71		
6.	RCTAL 2					RCTAL	1:32.74	12,00
	50m:	44.21	44.21	100m:	1:32.74	48.53		
AFGEM	LSC 1					LSC		-

Open Flemish Pool Lifesaving Championship
16/11/2025
Kortrijk

Programmanr. 255
16/11/2025 - 17:20

Gemengd, 4 x 50m Pool Lifesaving Relay

Jeugd/Jeunes
Resultaten

Belgisch Record	1:39.10	Reddingsclub Ternat Asse Lebeke RCTAL	Kortrijk	12/05/2024
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Rang											Tijd	PT
1.	RCTAL 1		RCTAL								1:38.19	20,00
	50m:	28.12	28.12	100m:	55.62	27.50	150m:	1:38.46	42.84	200m:	1:38.19	
2.	RCTAL 2		RCTAL								1:54.36	18,00
	50m:	36.20	36.20	100m:	1:06.04	29.84	200m:	1:54.36	48.32			
3.	LERC 4		LERC								1:57.64	16,00
	50m:	41.01	41.01	100m:	1:17.09	36.08	150m:	1:57.90	40.81	200m:	1:57.64	
4.	STRC Jeugd Mix		STRC								2:06.18	14,00
	50m:	36.61	36.61	100m:	1:17.70	41.09	150m:	2:06.44	48.74	200m:	2:06.18	
5.	RCTAL 3		RCTAL								2:13.95	13,00
	50m:	42.79	42.79	100m:	55.11	12.32	200m:	2:13.95	1:18.84			

Programmanr. 256
16/11/2025 - 17:25

Gemengd, 4 x 50m Pool Lifesaving Relay

Volw./Adults
Resultaten

Belgisch Record 30 +	2:26.94	Leuvense Reddingsclub	LERC	12/05/2024
Belgisch Record OPEN	2:00.08	Leuvense Reddingsclub	LERC	8/05/2022

Rang											Tijd	PT
Open												
1.	BRC 2				BRC					2:03.36		20,00
	50m:	30.34	30.34	150m:	1:35.21	1:04.87	200m:	2:03.36	28.15			
2.	STRC Open Mix 1				STRC					2:05.77		18,00
	50m:	31.18	31.18	200m:	2:05.77	1:34.59						
3.	LERC 6				LERC					2:08.99		16,00
	50m:	26.38	26.38	150m:	1:36.07	1:09.69	200m:	2:08.99	32.92			
4.	BLITS 1				BLITS					2:12.51		14,00
	50m:	29.61	29.61	200m:	2:12.51	1:42.90						
5.	RCTAL 1				RCTAL					2:17.79		13,00
	50m:	31.32	31.32	100m:	56.06	24.74	150m:	1:40.48	44.42	200m:	2:17.79	37.31
6.	RCTAL 2				RCTAL					2:19.38		12,00
	50m:	32.08	32.08	100m:	51.38	19.30	150m:	1:46.53	55.15	200m:	2:19.38	32.85
7.	RCTAL 3				RCTAL					2:30.03		11,00
	50m:	32.44	32.44	100m:	1:03.19	30.75	150m:	1:56.93	53.74	200m:	2:30.03	33.10
8.	STRC Open Mix 2				STRC					2:30.84		10,00
	50m:	34.94	34.94	100m:	1:05.95	31.01	150m:	1:59.29	53.34	200m:	2:30.84	31.55
9.	LERC 5				LERC					2:32.44		8,00
	50m:	30.93	30.93	100m:	1:00.80	29.87	200m:	2:32.44	1:31.64			
10.	BLITS 2				BLITS					2:32.84		7,00
	50m:	33.42	33.42	100m:	59.78	26.36	150m:	1:52.34	52.56	200m:	2:32.84	40.50
11.	RCTAL 4				RCTAL					2:36.32		6,00
	50m:	39.80	39.80	100m:	1:11.53	31.73	200m:	2:36.32	1:24.79			
12.	IRC 1				IRC					2:58.74		5,00
	50m:	31.51	31.51	100m:	1:04.66	33.15	150m:	2:18.61	1:13.95	200m:	2:58.74	40.13